



For more support or additional resources please call Erica Reis, Family Services Coordinator at (209) 250-5398 or email at ereis@jessicashouse.org

Resource List of Counselors and Family Service Agencies/Non-Emergency numbers

(If this is a life-threatening emergency call 911)

Non-emergency number Law Enforcement/Resources

Modesto Police department: 209-572-9500

Turlock Police Department: 209-668-1200

Housing and Utilities assistance: 2-1-1

Children's Crisis Center: Verda's House- 209-577-0138

Resources for Suicide Prevention

If you are in crisis: Call or text the following numbers –(If this is a life-threatening emergency call 911)

- National Suicide Prevention Line: 1-800-273-TALK (8255)
- National Suicide Hotline: 1-800-SUICIDE (784-2433) and 1-800-442-HOPE (4673)
 - They are also available online to chat so if someone prefers the anonymity of text that works great.
- Crisis Text Line: 741-741 (text HELLO/HELP)
 - You or anyone can text and get help for suicidal ideation/thoughts of self-harm, as well as any other crisis you may be going through
- Central Valley Suicide Prevention Hotline: 1-888-506-5991
- California Youth Crisis Plan 24-hr Hotline: 1-800-843-5200
- The Trevor Lifeline (LGBTQ): 1-866-488-7386
- Red Nacional de Prevención del Suicidio: 1-888-628-9454
- Asian Life Net Lifeline: 1-877-990-8585 (Cantonese, Mandarin, Japanese, Korean, Fujianese)
- Trans Lifeline: 1-877-565-8860



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Local Support Groups and Individual Bereavement Support

Hospice of Emanuel, Turlock – (209) 664-2550

Community Hospice, Inc., Modesto – (209) 578-6300

Hospice of San Joaquin – (209) 957-3888

Grief Share Modesto- (209)-529-2666

Grief Share Merced- (209)-383-5038

Grief Share Turlock. (209) 485-2235.

Turlock Pregnancy and Health Center- (209) 656-9898
(Specialized peer support groups)

Compassionate Friends of Modesto/Riverbank Area
The Community Casa
2201 Morrill Road
Riverbank CA 95367-2692
United States
Email: tcfmodestoriverbank@gmail.com
Url: <https://www.modestoriverbanktcf.org/>

Chapter Phone Line (209) 622-6786

Individual Counseling Services

Please Remember that the counselors listed simply suggestions; it is important that you find a counselor with whom you feel comfortable as counseling styles and approaches vary widely between professionals.

Most insurance companies and employers cover mental health treatment in some format. Most insurance companies also offer online search engines and customer support by phone to find a physician/counselor in your area that accepts your insurance. We recommend that you contact your insurance company for a list of providers. Another great way to find a counselor that takes your insurance is to “Google” the name of your insurance and the words, “find a physician”. If you contact Jessica’s House, we will be happy to help you find a selection of counselors that accept your insurance. Please do not hesitate to contact us, 209-(250-5395). We are her to assist and support your family in any way possible.

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Domestic Violence Resource:

Haven Women's Center

301 Starr Ave. Turlock, CA, 95380

(209) 664-9131

OR

618 13th St, Modesto, CA 95354

(209) 524-4331

Amy Mundello (Licensed Marriage and Family Therapist)

261 North Palm St.

Turlock, CA 95380

209-626-8868

<https://www.psychologytoday.com/us/therapists/amy-mundello-turlock-ca/413034>

Annette Campo (Licensed Marriage and Family Therapist)

955 W. Center Street Manteca, CA 95337

209-541-5969

Website: www.annettecampomft.com

(Adults and Adolescents only)

Cheryl Fink (licensed Marriage and Family Therapist, MA)

1604 Ford Ave, Suite 1

Modesto, CA 95350

209-676-8559

Website: counselinginmodesto.com

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Gina Lima-Vieira (Licensed Clinical Social Worker) (Bi-lingual)

4030 Crane Ave #111

Turlock, CA 95380

209-262-8082

Margaret Hunter, Art Therapy Counseling

1246 E. Canal Drive

Turlock, CA 95380

209-505-2790 For a 15-minute consultation please call

<https://www.psychologytoday.com/us/therapists/margaret-r-hunter-turlock-ca/136114>

Camille L. Holmes Ph.d.

1246 E. Canal Drive

Turlock, CA 95380

209-591-3680

Miranda Palmer (Licensed Marriage Family Therapist)

1311 E Street

Modesto, CA 95354

209-343-2771 Website: counselinginmodesto.com

Nancy Neufeld Silva, Ph.D., LCSW

1246 E. Canal Drive

Turlock, CA 95380

(209) 669-8538

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nancyneufeldsilva.com

Sabrina Norton (Licensed Marriage and Family Therapist)

1317 Oakdale Rd #1110,

Modesto, CA 95355

209-410-8155

Stephanie Love (Licensed Marriage and Family Therapist)

1314 G. St.

Modesto, CA 95355

209-307-7484

<https://www.psychologytoday.com/us/therapists?search=stephanie%20love>

Shannon Nobles, AMFT

201 E. Orangeburg Ave

Modesto, CA 95350

209-408-0332

snoblesamft@gmail.com

Alissa Berezay, LMFT

201 E. Orangeburg Ave

Modesto, CA 95350

209-408-0332

aberezaymft@gmail.com



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Family Service Agencies and other support services

Sierra Vista Child and Family Services

Turlock Office
2925 Niagra St. #3, Turlock, CA 95382
(209)-669-6771

Modesto Office
1030 15th St, Modesto, CA 95354
(209) 524-6371

Center for Human Services

2000 W. Briggsmore Ave., Suite I
Modesto, CA 95350
Turlock 209-669-6771
Modesto 209-550-5869

Aspiranet

Turlock Family Resource Center
2160 Geer Rd, Turlock, Ca 95382
(209) 668-6118
Counseling Services
151 E. Canal Dr. Turlock, Ca 95380
209-669-2583

Downey Park Counseling Associates

1213 Coffee Rd. Ste. P., Modesto, CA 95355
(209) 527-8943

First Behavioral Health Urgent Care Center

2111 Geer Road Suit 510, Turlock, CA 95382
(209) 633-3057

The Tree House Club: A Place of Refuge for Children Experiencing Family Loss



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Who is the Tree House Club Designed For?

The Tree House Club is a place of refuge for children experiencing a fracture in their family. Fractures do happen within families and The Tree House Club provides a fun and nurturing environment for children who have experienced divorce, separation, come from single parent homes, an incarcerated parent, or are in foster care. The Tree House Club is a fun and nurturing 6-8-week program that reaches children within the school setting and offers peer support in the midst of family changes.

For questions about Tree House please contact: Aimee Rasmussen -209-345-5302