



Sick Guidelines

Stay Home

Return to School

TEMPERATURE OF 100.4 OR GREATER.

FEVER FREE 24 HOURS WITHOUT
THE USE OF MEDICATION

A PERSISTENT COUGH

COUGH IS MILD & INFREQUENT

DIARRHEA OR VOMITING WITHIN THE
PAST 24 HOURS

FREE FROM DIARRHEA OR VOMITING FOR
AT LEAST 24 HOURS

A BODY RASH /
RASH WITH ITCHING/
RASH WITH FEVER

FREE FROM RASH
AND/OR
CLEARED BY PHYSICIAN

COVID POSITIVE

THE CALIFORNIA DEPARTMENT OF PUBLIC HEALTH (CDPH) NO LONGER MANDATES HOME ISOLATION FOR COVID POSITIVE INDIVIDUALS. PLEASE MONITOR FOR SYMPTOM IMPROVEMENT AND FOLLOW THE GUIDELINES ABOVE FOR RETURN TO SCHOOL. PLEASE CONTACT YOUR SCHOOL'S HEALTH OFFICE OR SCHOOL NURSE IF YOU HAVE ADDITIONAL QUESTIONS OR CONCERNS.